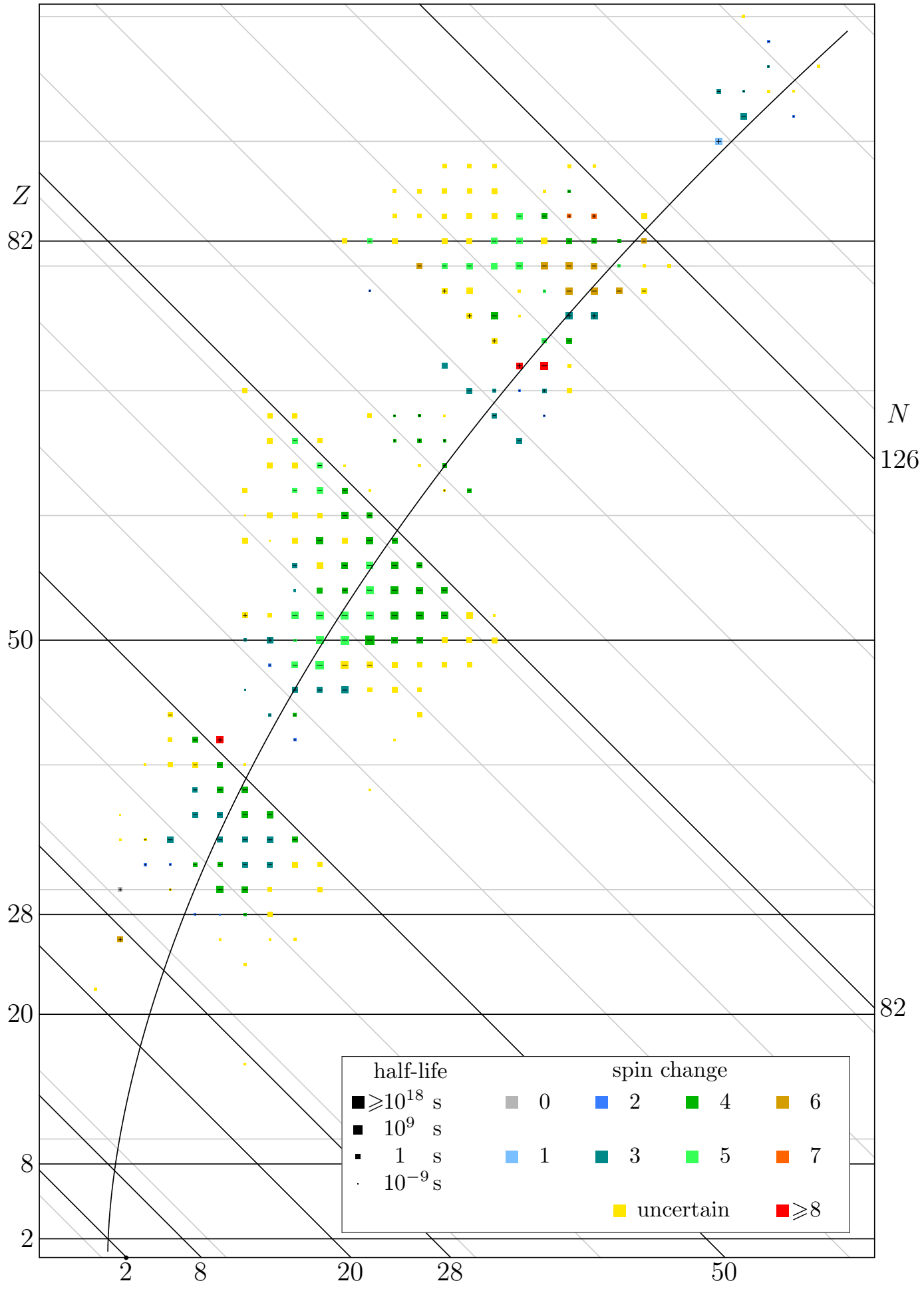Half-Life of Even-Odd Isomers